

STATE OF NORTH CAROLINA
WAKE COUNTY

CASE 2026-02

IN A MATTER
BEFORE THE NORTH CAROLINA
MARRIAGE AND FAMILY THERAPY LICENSURE BOARD

IN RE:

LAURA FOLEY,
Respondent

CONSENT ORDER

THIS CAUSE coming to be heard and being heard before the North Carolina Marriage and Family Therapy Licensure Board (the "Board") pursuant to a complaint filed against the Respondent, which complaint is pending; and

IT APPEARING to the Board that the Respondent has stipulated to certain facts and to the entry of a Consent Order in conformity therewith;

IT IS HEREBY STIPULATED by the undersigned Respondent and the Board that:

1. Respondent was at all times relevant to this matter a licensed marriage and family therapist and is subject to the Board's jurisdiction pursuant to the Marriage and Family Therapy Licensure Act, Chapter 90, Article 18C of the North Carolina General Statutes.
2. During the time period including 2024 through 2026, Respondent was engaged in the practice of marriage and family therapy in the state of North Carolina.
3. During this time, Respondent was providing marriage and family therapy in Watauga County, North Carolina, in a therapy practice that included complainant.
4. On January 14, 2026, complainant filed a complaint with the Board alleging ethical violations against Respondent in the practice.
5. On February 24, 2026, Respondent, through counsel, provided a response to the complaint.
6. After investigation, the Board's Ethics Committee concluded there was probable cause to believe Respondent had violated Standards I and III of the American Association of Marriage and Family Therapy Code of Ethics (2015) and, therefore, North Carolina General Statute 90-270.60(a)(9).
7. Respondent, with counsel, has agreed to resolution of this matter as set forth herein.
8. The Board has complied with all notice, procedural and other requirements relating to Respondent and this matter imposed by all applicable law.
9. The Board has jurisdiction over the person of the Respondent in this matter and over the subject matter of this proceeding.
10. Respondent expressly waives any right she may have to a

hearing in this matter, to the making of finding of facts and conclusions of law, and to any judicial review of this matter.

11. The Respondent forever releases the State of North Carolina, the Board, and all its members, officials, agents and representatives, both past and present, in their individual or official capacities from any and all liability, suits, claims, and causes of action, arising prior to or as a result of the execution of this Consent Order.
12. This Consent Order contains the entire agreement between the parties, there being no agreement of any kind, verbal or otherwise, which varies, alters or adds to this Consent Order.
13. The Respondent acknowledges that prior to signing this Consent Order she has had the opportunity to obtain legal advice concerning every aspect of this Consent Order.
14. The Respondent acknowledges and agrees that she has entered into and signed this Consent Order voluntarily and without coercion or duress.
15. The Respondent acknowledges and agrees that this Consent Order will become effective on the date it is signed and dated by the Board Acting Chair.

IT IS THEREFORE ORDERED, ADJUDGED AND DECREED as follows:

- I. Respondent's practice as a Marriage and Family Therapist will be supervised by an AAMFT-approved supervisor pre-approved by the Board, for a period of twelve (12) months from the effective date of this Order, with supervision reports on a Board-provided form delivered by the supervisor to the Board at least monthly.
- II. During this supervision period, Respondent shall take at least six (6) hours of ethics continuing education on Standard I of the Ethics Code, at least six (6) hours on Standard III, and at least six (6) on provision of therapy in a small/rural community, with such hours being beyond those taken to satisfy the standard annual requirements.
- III. During the supervision period, Respondent shall engage in personal therapy, with therapy occurring at least every other week and with the therapist verifying such to the Board.
- IV. During the supervision period, Respondent shall pay costs of \$900.00 to the Board.
- V. If these requirements are not fulfilled, or if the supervisor does not recommend Respondent's return to unsupervised practice at the end of the supervision period, the Board may take further disciplinary action against her.
- VI. This Order shall become effective upon signature by the Board Acting Chair, the Chair having recused himself from this matter.
- VII. The Board shall maintain this Consent Order as a public record pursuant to North Carolina General Statute 90-270.60(f).

This the _____ of _____, 2026.

CONSENTED TO BY:

North Carolina Marriage and Family
Therapy Licensure Board

By:

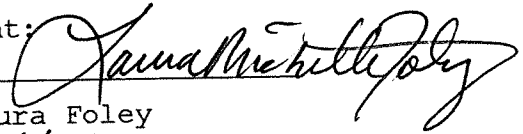


Heather Stehberger, Acting

Chair

Date: 9/3/2026

The Respondent:



Laura Foley

Date:

7/24/26

Counsel for Respondent:



Scott A. Scurfield

Date: July 28, 2026