

NC MARRIAGE AND FAMILY THERAPY LICENSURE BOARD

APPLICATION ELIGIBILITY CHECKLIST - WHICH APPLICATION TO SUBMIT

✔ = required. No ✔ = not required.

Requirements	LMFT	LMFT (Reciprocal)	LMFTA	Exam	Notes/More Info
Minimum of a <u>conferred</u> master's degree from a regionally accredited university, COAMFTE accredited program in the field of marriage and family therapy or a related degree as defined in § 90-270.47.	✔	✔	✔	✔	Refer to FAQs for more information.
Official Transcript	✔	✔	✔	✔	Transcript must reflect conferred degree.
Verification of a passing score on the National MFT Exam	✔	✔	✔		All applicants for licensure must pass the National MFT Exam.
Email Address	✔	✔	✔	✔	Required to receive information from the Board, personal email addresses are not publicized.
Social Security Number	✔	✔	✔		Your social security number is not deemed a public record. It will be used exclusively for background checks, tax enforcement purposes, for purposes of compliance with any judgment or order for family support in accordance with state and federal law.
Photo ID	✔	✔	✔		The photograph must be of passport quality of your head and shoulders only and taken within one year of the filing of this application.
Supervision Agreement			✔		Supervision Agreement with an AAMFT Approved Supervisor or Supervisor Candidate. The Board reserves the right to require a fully credentialed supervisor (AAMFT Approved, not a candidate) in instances in which an applicant has limited pre-degree clinical experience or is being considered for licensure with a degree that is not from a programmatically accredited (COAMFTE) program.
List of all work experience	✔	✔	✔		Includes practicums/internships, volunteer, etc.), in the past 10 years, and any unemployment, employment in fields other than marriage and family therapy, etc.

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Endorsers: Three (3) endorsers who are familiar with your current work	✓	✓	✓		Endorsers should be familiar with your MFT practice experience. Supervisors may also serve as endorsers.
Application Fees	\$200	\$200	\$200	\$50	Credit or Debit card required. Fees are non-refundable.
Coursework Requirements ↓					If your degree is NOT from a <u>COAMFTE Accredited Program</u>, submission of course syllabi is required.
Theoretical Foundation of MFT <i>Reciprocal Applicants must list coursework in this category. Syllabi is not required.</i>	✓	✓	✓		Coursework in historical development, theoretical and empirical foundations, and contemporary conceptual directions of the MFT field; overviews of the development of systems theories and both modern and post-modern family therapy theories; and the associated basic concepts needed to understand and practice MFT. Your transcript must reflect the minimum of 2 courses consisting of 6 semester or 9 quarter credits.
Practice of MFT <i>Reciprocal Applicants must list coursework in this category. Syllabi is not required.</i>	✓	✓	✓		Coursework in assessments, diagnoses, goal formulations and treatment issues, including the identification of individual, couple, and family therapeutic orientations. Marriage and family therapy includes dynamics of couple interaction as a foundation for applying assessment and intervention models in family system dyads. May also include study of family diversity based in cultural backgrounds, including race, ethnicity, and economic conditions. Your transcript must reflect the minimum of 2 courses consisting of 6 semester or 9 quarter credits.
Assessment and Diagnosis <i>Reciprocal Applicants must list coursework in this category. Syllabi is not required.</i>	✓	✓	✓		Coursework in DSM psycho diagnostic categories, psycho pharmacology, family assessment, and treatment planning for major mental health issues. Your transcript must reflect the minimum of 1 course consisting of 3 semester or 5 quarter credits.
Human Development and Family Relations <i>Reciprocal Applicants must list coursework in this category. Syllabi is not required.</i>	✓	✓	✓		Coursework in review of empirical literature of current trends and issues relevant to human development in family relationships across the lifespan; that is courses focusing on infancy, childhood, adolescence, early adulthood, adulthood, middle age, and older adulthood. Your transcript must reflect the minimum of 1 course consisting of 3 semester or 5 quarter credits.

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Professional Identity and Ethics <i>Reciprocal Applicants must list coursework in this category. Syllabi is not required.</i>	✓	✓	✓		Coursework establishing professional identity, including professional socialization, professional organizations, and licensure. Course must include the study of the AAMFT Codes of Ethics. Your transcript must reflect the minimum of 1 course consisting of 3 semester or 5 quarter credits.
Research in MFT <i>Reciprocal Applicants must list coursework in this category. Syllabi is not required.</i>	✓	✓	✓		Covers both quantitative and qualitative design. Critical analysis of research methods and current research relevant to children and families throughout the life cycle as well as research related to the field of marriage and family therapy. Your transcript must reflect the minimum of 1 course consisting of 3 semester or 5 quarter credits.
Clinical Practicums (<i>Internships</i>) <i>Reciprocal Applicants must list coursework in this category. Syllabi is not required.</i>	✓	✓	✓		Must include face-to-face client contact and clinical supervision with individuals, couples, and families in a clinical setting. Your transcript must reflect the minimum of 3 practicums consisting of 9 semester or 14 quarter credits.
Electives <i>Reciprocal Applicants must list coursework in this category. Syllabi is not required.</i>	✓	✓	✓		Content should be appropriate to the specialty in which the qualifying degree is granted. Your transcript must reflect the minimum of 12 semester or 18 quarter credits.
Supervised Clinical Experience Report(s): 1500 hours of clinical experience, under the supervision of an AAMFT Approved Supervisor (<i>or accepted AAMFT Supervisory Candidate</i>) must be completed to apply for the LMFT. Hours Required: Up to 500 clinical hours may be count from the qualifying degree. 500 of the 1500 must be relational, no more than 250 hours each of Assessment and Psycho-Education accepted.	✓		✓ *		<p>✓ * LMFTA Applicants will report hours earned thus far toward licensure in the noted categories. At least 200 hours of on-going supervision of reported clinical hours, under an AAMFT Approved Supervisor (<i>or accepted AAMFT Supervisory Candidate</i>) must be completed to apply for the LMFT.</p> <p>LMFT 'Reciprocal' Applicants (must be actively licensed, in good standing in another state for at least the five (5) years prior to and currently at the time this application is submitted are not required to report clinical and supervision hours.</p>